



OTAKAR KRAUS MUSIC TRUST

ANNUAL REPORT 2016



Otakar Kraus Music Trust
3 Twining Avenue
Twickenham
Middlesex TW2 5LL

Tel: 020 8894 2007
Email: info@okmtrust.co.uk
Website: www.okmtrust.co.uk

Registered Charity No 1009797



Report of the Trustees for the year ending 2016 Overview & Chairman's Report

On behalf of the trustees of the Otakar Kraus Music Trust, it gives me great pleasure to provide you with an update of the activities and well-being of OKMT for 2016.

2016 was an important year for the Trust as it celebrated its 25th anniversary year. OKMT also earned the coveted Best Charity Award 2016 from the Richmond Business Awards.

The Trust continues to thrive and grow, despite what some might characterise as a difficult environment. Our success is due to the hard work and dedication of the management team, therapists, staff and volunteers and supporters of the Trust and its mission.

We would like to thank Salim Laher, who stood down as Chair and Trustee of OKMT in 2016. We are very grateful for his dedication to the charity over several years and his huge help with fundraising, particularly through the Rotary Clubs. I am delighted to have taken over as Interim Chair.

The Trust continues to focus on delivering innovative music therapy programs to the greater Southwest London community through schools and community groups in addition to through its purpose-built studio in the garden of Walter and Margaret Lobo's house.

Children, especially those with additional needs, have always been at the core of OKMT. A Music School has been created for children and young people with additional needs to develop their musical talent and self-confidence.

Additional programs include therapy sessions for young people with mental health problems, for adults with neurological conditions and the elderly in residential care homes, a choir for parents of children with additional needs and the Go-Local community choir in collaboration with RUILS.

In 2016, OKMT gave **2561** individual and **487** group sessions, which included **237** clients at the OKMT Studio and outreach centres, including schools and care homes.

The Trust provides bursaries for its clients who cannot afford its services. It relies on organisations which provide charitable funding and donations because no state funding is received. Self-funding events are held throughout the year.

The Trust continues to seek a larger permanent home for its staff and therapists in the greater Richmond community. This requirement continues to be the Trust's greatest need and challenge in the year to come and will be the focus of the Trustees.

On behalf of the trustees we would like to thank all of the supporters, donors, volunteers, staff, therapists and last but not least Walter and Margaret Lobo for all of their support and hard work in supporting the Trust and making 2016 another successful year.

Ron Miao
Interim Chair

Otakar Kraus Music Trust

The Otakar Kraus Music Trust (OKMT) was founded in 1991 by Dr Margaret Lobo. Its aim is to provide subsidised music therapy for people of all ages who have physical, psychological, behavioural and emotional difficulties, in order to improve their wellbeing and quality of life through creative and participatory music making, enabling them to reach their potential.

The Otakar Kraus Music Trust is an independent, registered charity working from a purpose-built music therapy studio in Twickenham, South West London or at outreach projects in the surrounding areas and Home Counties. All 7 music therapists of the Trust hold a Master's Degree in Music Therapy and are members of the BAMT (British Association for Music Therapy) and HCPC (Health Care Professional Council). Otakar Kraus operates a published health and safety policy and a child protection policy.

Projects during 2016:

Music School uses specialised methods to teach children and young people with additional needs to play a musical instrument. In 2016, over 40 pupils attended, we held 2 public concerts and 4 pupils passed ABRSM exams. Music School was accepted by Global's Make Some Noise for a 2-year funding programme, and was supported also by City Bridge Trust, Hampton Fuel Allotment Charity, St James's Place Foundation, The Radcliffe Trust and Baily Thomas.

Music Club, run in collaboration with Me too & Co in East Twickenham, enabled over 70 children with additional needs and their siblings to take part in fun sessions with percussion instruments and keyboard to encourage their creativity, concentration and communication skills. Music Club will continue thanks to another 3 years' funding from BBC Children in Need.

OK Youth Group for young people with mental health issues. Thanks to funding from Hounslow Community Grant and John Lyons, OK Youth Groups continued in Isleworth and Ealing in collaboration with the West London Mental Health Trust & Early Intervention in Psychosis team.

Drum Workshops were held throughout the year at the Activity Station, Barnes, led by Music Director Edison Carolino and assisted by Sara Mecci. These sessions were fully subscribed.

Events in the 25th Anniversary Year

Fulwell Golf Club chose OKMT as their charity of the year and held several events throughout the year raising over £10,000, which we were extremely grateful to receive.

In celebration of 25 years of the Otakar Kraus Music Trust, the Paradisal Players held a fundraising concert at St John's James Smith Square, London in June. The concert was a great success and over £4,000 was raised on the night.

Richmond Sing Off organized by RUILS, was held at York House in Twickenham in November. The Go-Local Community Choir led by our very own Margaret Lobo won in the best emerging choir category.

The Christmas concert in December was held at the wonderful Normansfield Theatre in Teddington. Music School Students, Youth Group and the Parents' and Go-Local Choir performed to a full house. There was also a lot of excitement with a visit from Victoria and Cruz Beckham, who came prior to the performance as representatives of Global's Make Some Noise to wish the Music School members every success

In 2016 OKMT provided music therapy sessions at the OKMT Studio and the following Care Homes and Outreach Centres:

UNITED RESPONSE – www.unitedresponse.org.uk
LONDON CARE PARTNERSHIP LTD - www.lpcare.com
CONSENSUS - CARING HOMES GROUP – www.caringhomes.org
STANMORE, part of Harrow Project.
ARRCC & RYE COMMUNITY PRIMARY SCHOOL – www.arcc.org.uk
PIELD HEATH RC SCHOOL – www.pieldheathschool.org.uk
JACK TIZARD – www.jtschool.squarespace.com

Funding – We would like to thank our sponsors during 2016:

BBC Children in Need (Music Club project)
St James's Place Foundation (Music School for Additional Needs)
Hampton Fuel Allotment Charity (Music School for Additional Needs)
City Bridge Trust (Music School for Additional Needs)
The Stephen Clark Charitable Trust (Music School for Additional Needs)
Global Charities (Music School)
The Radcliffe Trust (Music School)
Hounslow Community Grant (OK Youth Music Group)
John Lyon's Charity (OK Youth Music Group)
Richmond Parish Lands Charity (Studio and grounds refurbishment)
Jack Petchey Foundation (Music School awards)
Baily Thomas (Music School)
Care UK Wellbeing Foundation
Fulwell Golf Club
John Lewis/Waitrose (25th Anniversary Concert)
Rev Robert Fleming Hannay (25th Anniversary Concert)
Jamie Theakston (personal donation)

Governance:

Otakar Kraus Music Trust is a registered charity governed by a constitution and managed by a Board of Trustees. The Trustees have developed services for the public benefit as per the guidance of the Charity Commission.

Trustees Serving during 2016 were:

Salim Laher (Chair, stood down)
Ron Miao (Interim Chair)
Walter Lobo (Treasurer)
Margaret Lobo (Director)
John Grosse
Edward Boamah
Jill Clark
Laura Clayton
Rose Conway
Katherine Goss

International:

OKMT has 2 sister charities in India and Nepal, set up by Dr Margaret Lobo, to introduce clinical music therapy to these countries. Their reports for 2016 follow:

The Music Therapy Trust (India)

Annual Report 2016

Funding has been secured in India, enabling us to continue to develop our work in 2017 & 2018. We are now able to move forward to 2017 when our proposed plans will allow us to start:

- Our one year **Postgraduate Diploma** training program in Delhi in 2017. We have secured 1 Senior Music Therapist and 2 junior music therapists, graduates from the UK to start in April 2017.
- TMTT has established a **new Partnership** with a group of specialist doctors in Gurgaon at their new clinic. They are in the process of establishing 5 more such clinics in five city centres in India. Music Therapy is to be one of their main therapies. Have a look at:
- <http://continuakids.com/> and view their MISSION STATEMENT which will tell you more.
- We are in the process of updating our new India website and the draft of this will be ready mid-May 2017.

The excellence of our work in India has brought recognition from Music as Therapy International UK, Melbourne University, Anglia Ruskin College Cambridgeshire and with the British Association of Music Therapy (BAMT) further establishing our 10 years of providing a standard of excellence through our training programs, enabling us to work with over 70 NGO's and bringing our service to over 5,000 people.

Annual Reports and Accounts for both India and Nepal 2016 are being prepared, audited and sent to their Charity Commission. The OKMT Accounts record all funds received and sent to India and Nepal.

Both India & Nepal were invited to submit an [Article for The United Nations World Urban Forum "The Urban Future" Music as a Global Resource: Solutions for Social and Economic Issues 2015](#). If you would like a copy just let us know.

The Music Therapy Trust Nepal

Annual Report 2016

Navjyoti Centre, Kathmandu. Due to lack of funding we have had to cease offering a high salary to our Nepalese therapists. They will however continue to run the NGO's already established by TMTTN on a Freelance basis.

Our U.K. music therapist, Nina Cherla will in 2017 introduce a Skill Sharing training program to our therapists in Nepal, teaching 20 staff teachers from the Catholic School, Navjyoti in 2 organisations benefiting 200 children. Our 3 qualified Clinical Music Therapists will then be qualified to continue providing individual and group music therapy sessions to various schools and NGO's throughout Nepal.

The future development of our work in Nepal is presently under review.

OTAKAR KRAUS MUSIC TRUST
ACCOUNTS TO 31st.DECEMBER 2016

OTAKAR KRAUS MUSIC TRUST
Accounts at 31st. December 2016

Income Received

	2016			2015		
	General Purpose	Restricted	Total	General Purpose	Restricted	Total
Donations	51428		51428	16468		16468
Fundraising	12901	4000	16901	1430		1430
Gift Aid	4050		4050	2415		2415
India Project	10996		10996	22338		22338
Fees - Therapy	91633		91633	91533		91533
Other Income	1900		1900	8000		8000
Interest Received	198		198	169		169
Grants		119518	119518		61638	61638
	<u>173106</u>	<u>123518</u>	<u>296624</u>	<u>142353</u>	<u>61638</u>	<u>187523</u>

Expenses

Administration	50535	5895	56430	43515		43515
Therapist Fees	69626	71004	140630	80748	46577	127325
Fundraising	6411		6411	3061		3061
Equipment	1552	8550	10102	1103		1103
Office Expenses	1592		1592	1149		1149
Advertising	5445		5445	597		597
Rent & Maintenance	4726	2388	7114	2460	16328	18788
	<u>139887</u>	<u>87837</u>	<u>227724</u>	<u>132633</u>	<u>62905</u>	<u>195538</u>

Surplus (deficit) for the period	33219	35681	68900	9720	-1267	8453
Balance at 1st. January 2016	52342	29592	81934	42622	30859	73481
Accumulated Funds	<u>85561</u>	<u>65273</u>	<u>150834</u>	<u>52342</u>	<u>29592</u>	<u>81934</u>

Balance Sheet

Current Assets

Cash & Bank	146055	109703
Debtors	11807	12043
Liabilities	-7028	-39812
Net Assets	<u>150834</u>	<u>81934</u>

Represented By

Restricted Funds	65273	29592
Other	85561	52342
Accumulated Funds	<u>150834</u>	<u>81934</u>

Approved by the Board of Trustees on:

Walter Lobo
Honorary Treasurer

Walter Lobo

Date 24th July 2017

Ronald Miao
Chairperson

Ronald Miao

Notes to the financial statements for the period to 31st.December 2016

1 ACCOUNTING POLICIES

The Financial Statements are prepared under the historical cost convention. Income Tax recoverable is accounted for on the same basis as the income to which it relates.

2 ADMINISTRATIVE COSTS

	<u>2016</u>	<u>2015</u>
Wages	18,991	3,976
Administration	24,733	30,018
Utilities	2,436	1,891
Insurance	856	1,043
Accountancy	3,753	3,115
Travel and Workshops	4,769	3,313
Miscellaneous	892	159
<u>TOTAL</u>	<u>56,430</u>	<u>43,515</u>

U.K. Projects:

Balance B/fwd. 2015	29,592
Funds Received 2016	123,518
Funds spent on Fees	<u>-87,837</u>
Funds C/fwd. to 2017	<u>65,273</u>

GRANTS RECEIVED To DATE

BBC Children in Need	9,485
Hampton Fuel Allotment	17,000
City of London	12,600
Baily Thomas	5,000
Richmond Parish Lands	21,600
Ldn.Brgh.Hounslow	4,590
John Lyons	4,990
Global Charities	25,000
Rotary Club	3,703
Radcliff Trust	4,500
Care Uk	1,050
Casey Trust	1,000
Truemark Trust	3,000
Richmond Parish Lands	<u>10,000</u>
<u>TOTAL</u>	<u>123,518</u>

Notes to the financial statements for the period to 31st. December 2016

Independent Examiner's Report for the period ended 31st. December 2016

Under section 43 of the Charities Act 1993 and in accordance with any directions given by the Commissioners under subsection (7) (b) of that section which are applicable:

I have carried out the procedure specified and confirm that none of the matters listed as requiring to be reported on if they apply need to be reported on in this instance. I also confirm that no matters have come to my attention in connection with the examination, which gives me reasonable cause to believe that in any material respect:

- i. Accounting records have not been kept in respect of the charity in accordance with S.41 of the 1993 act; or
- ii. The accounts do not accord with these records; or
- iii. The statement of accounts does not comply with the requirements specified in paragraph 1 of Part III of Sch. 1 to the Regulations to the 1993 Act.

T.H. Graves FCA  Independent Examiner to OKMT